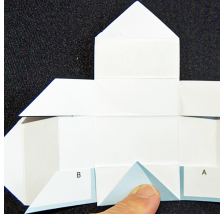


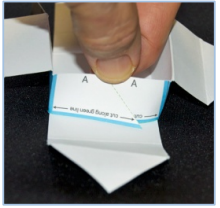
How to Make Healing Boxes®

In order to make three “nesting”, origami Healing Boxes®, i.e. ones that fit inside each other, there are three tops and three bottom pieces to fold. Once completed, you can put a surprise inside the smallest box such as an inspirational message, charm, or prize.



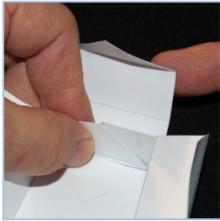
Step 1

Bend back and forth on all crease lines to prepare pieces for folding. Put print side of paper face down. The wings are marked “A” and “B”. Be sure to fold wings and all pre-cut flaps. Flip the paper over with the print side face up and crease all the folds.



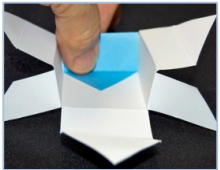
Step 2

Pinch the two “A” wings together.



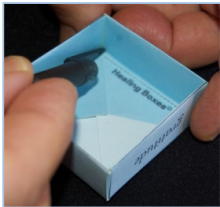
Step 3

Keeping the “A” wings pinched, fold the flap outside the “A” wings over those wings into the box’s center. Colored triangle tip should point to the box’s center.



Step 4

Pinch the two “B” wings together and then fold the flap outside of them over those wings into the box’s center, just as you did with the “A” wings. Fold the remaining two side flaps into the center. The inside of the box should show no white.



Step 5

Use dowel, pen cap or other tool to push back and sharpen the corners. Having clean corners is needed for the boxes to “nest” or fit inside one another.



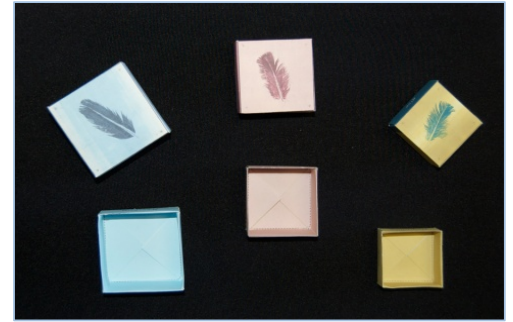
Step 6

Repeat this process to make each top and bottom. Then fit box tops over box bottoms.



Step 7

Insert an inspirational message and a surprise inside the smallest box. Then put the smallest box inside the medium sized box, and that one in the biggest box. Have FUN making them and giving them to your loved ones.



If you have any questions, suggestions, or would like more supplies, please feel free to contact:

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